

GARY BROWN'S ESSENTIAL BAIT FISHING RIGS

RUNNING PATERNOSTER RIG

I mainly use this rig when fishing off the beach or in bays and estuaries for mulloway, flathead and gummy sharks, where I know that the bottom is either sandy or muddy. This extra swivel in the main line allows the fish to pick up the bait with little or no resistance.

Even though I mainly use this rig when targeting mulloway and gummy sharks over the sand or mud. I have caught plenty of bream, tailor, salmon, snapper and rays using this rig. The weight of the sinker will depend on the conditions you are fishing at the time and the hook size will just depend on the type and size of bait that you are using.

